


Autumn Menu 14th September

We are a Coeliac UK accredited venue. If you require a gluten-free dish, please speak to a member of staff, who will be more than happy to prepare one for you.  All Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Soup of the Day Carrot & orange Freshly Baked Bread</p>	<p>Soup of the Day Leek & potato Freshly baked bread</p>	<p>Soup of the Day Butternut squash & Cumin Freshly Baked Bread</p>	<p>Soup of the Day Cream of Tomato Freshly Baked Bread</p>	
<p>Dish of the Day Spaghetti Carbonara with Smoked Ham & parmesan Cheese</p>	<p>Dish of the Day Traditional Lamb Shepherds Pie with Leeks & root Vegetables</p>	<p>Dish of the Day Chicken Sausages With Roasted New Potatoes & Onion Gravy</p>	<p>Dish of the Day Mildly Spiced Chicken Biryani with Cucumber Raita & Mango Chutney</p>	<p>Dish of the Day ¼Lb Beef burger in a bun with Salad & relish</p>
<p>Vegetarian Option Spaghetti Puttanesca with olives & Basil</p>	<p>Vegetarian Option Mushroom & Feta Stuffed Aubergines</p>	<p>Vegetarian Option Root Vegetable Wellington With roasted New potatoes</p>	<p>Vegetarian Option Tarka Dhal & Paneer Curry</p>	<p>Vegetarian Option Crispy Crumb Vegie Burger in a bun with Salad & Relish</p>
<p>Special of the Day BLT Bagel Roasted Vegetable tart</p>	<p>Special of the Day Tuna & Cucumber sandwich</p>	<p>Special of the Day Ham & Cucumber Bagel</p>	<p>Special of the Day Cheese & Tomato Ciabatta</p>	<p>Special of the Day Fisherman's Parcels in Golden Puff Pastry</p>
<p>Today's Vegetables Jacket potatoes Steamed Carrots Baked Beans</p>	<p>Today's Vegetables Jacket potatoes Steamed Green Beans Baked Beans</p>	<p>Today's Vegetables Jacket Potatoes Savoy Cabbage Baked Beans</p>	<p>Today's Vegetables Jacket potatoes Medley of Vegetables Baked Beans</p>	<p>Today's Vegetables Chunky Chips Mushy or Garden peas Baked Beans</p>
<p>Vegetarian Salad bar with Selection of assorted seeds</p>	<p>Vegetarian Salad bar with Selection of assorted seeds</p>	<p>Vegetarian Salad bar with Selection of assorted seeds</p>	<p>Vegetarian Salad bar with Selection of assorted seeds</p>	<p>Vegetarian Salad bar with Selection of assorted seeds</p>
<p>Dessert Creamed Rice pudding & raspberry Coulis Fresh fruit salad or low fat Yoghurt</p>	<p>Dessert Apples or Satsumas Fresh fruit salad or low fat Yoghurt</p>	<p>Dessert Chocolate Sponge & Choc sauce Fresh fruit salad or low fat Yoghurt</p>	<p>Dessert Sticky Toffee Pudding & Butterscotch Sauce Fresh fruit salad or low fat Yoghurt</p>	<p>Dessert Whole fruit Fresh fruit salad or low fat Yoghurt</p>